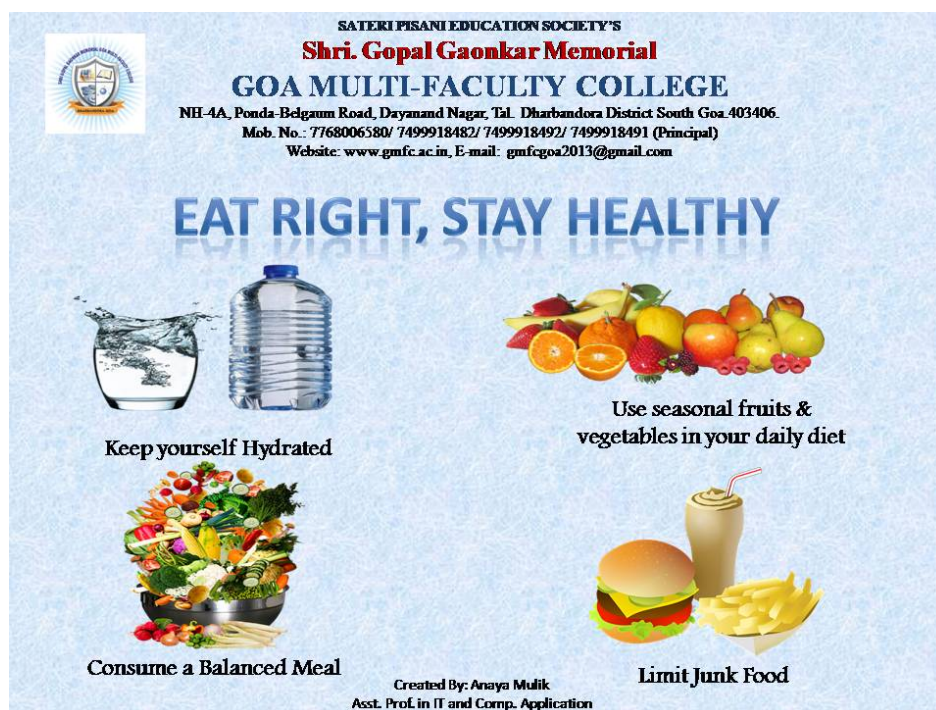


**REPORT OF ACTIVITIES UNDERTAKEN AS PART OF PUBLIC AWARENESS  
CAMPAIGN AT GMFC TO INFLUENCE PUBLIC BEHAVIOUR ON COVID-19**

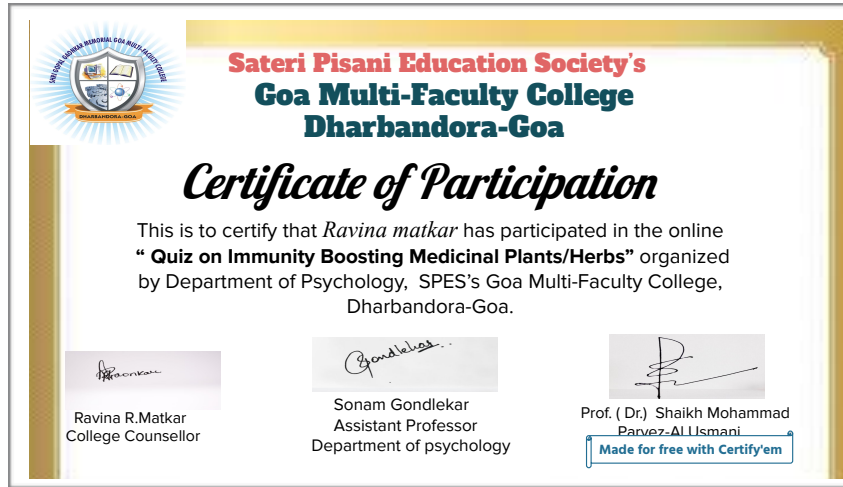
Following activities were undertaken at Goa Multi-Faculty College, Dharbandora from **November 20, 2020 (Friday)** to **November 26, 2020 (Thursday)** to influence Public Behaviour on Covid-19.

1. **Awareness Through Informative Flyer:** To create awareness about importance of Eating Right to Stay Healthy especially during pandemic phase, flyer was created by the college depicting messages like Stay Hydrated, Use Seasonal Fruits and Vegetables in daily diet, Consume Balanced Meal and Limit Junk Food. Flyer was circulated through students WhatsApp groups and was also uploaded on various social media handles of the college for information of all.



2. **Online Quiz on Immunity Boosting Medicinal Plants/Herbs:** College organised online quiz on the topic “Immunity Boosting Medicinal Plants and Herbs”. Quiz comprised of 10 questions highlighting medicinal properties of plants/herbs like Tulsi, Ashwagandha, Amrut Vel, Ginger, Fenugreek, Ajwain etc. Participants scoring more than 50% in the Quiz were also awarded participation certificates.

Quiz created using Google Forms was widely circulated through whatsapp among students and general public.



*Report drafted by Asst. Prof. Sonam Gondlekar.*

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